



EDGEWOOD FORUM ON FAMILY



RESPONDING TO TRAUMA IN OUR HOMES, SCHOOLS & COMMUNITY

Friday, April 30, 2010

8:30 am – 4:30 pm

UCSF Mission Bay Conference Center
San Francisco



Keynote Speaker

Dr. Bruce Perry
The ChildTrauma Academy



Town Hall Discussion

State Senator Leland Yee

CONFERENCE SCHEDULE

7:30 am Registration and Breakfast

8:30 am Welcome and Introduction

Dr. Graeme Hanson, Child & Adolescent Psychiatry, UCSF Langley Porter Psychiatric Institute

Opening Remarks

Nancy Rubin, CEO, Edgewood Center for Children and Families

9:00 am Keynote Address

Dr. Bruce Perry, The ChildTrauma Academy, "The Impact of Trauma and Neglect on the Developing Child"

This presentation will seek to understand the effects of trauma and neglect on the brain from a neuroscientific perspective, identify signs and symptoms of trauma and neglect in young children, and learn new strategies for care, program development, and policy as related to developmental trauma.

10:30 am Plenary Panel "Reflection and Action"

Moderator: **Dr. Graeme Hanson**, Speakers: **Dr. Robin Randall**, Edgewood Center for Children and Families, **Dr. Miriam Martinez**, UCSF Clinical Professor, Psychiatry and Pediatrics, Director, Division of Infant, Child and Adolescent Psychiatry San Francisco General Hospital, and **Dr. Patricia Van Horn**, Associate Director, Child Trauma Research Center, San Francisco General Hospital

This panel will reflect on Dr. Perry's presentation and describe practices currently being implemented to respond to trauma in our communities from the perspective of different leaders. Speakers will explore why they support Dr. Perry's efforts, what barriers and opportunities they have experienced in the field, and identify strategies for success and how to help leaders in similar roles embrace change that these practices represent.

11:30 am Town Hall Discussion

State Senator Leland Yee, Policy update and Q&A session

12:00 pm Lunch and Networking

1:00 pm Break-out Session 1: **THEORY** (choose one)

Workshop 1: Family Support

"Safe Start and CPP with Kinship Families" by **Natalia Estassi**, Safe Start Program Manager, Edgewood Center for Children and Families, and **Dr. Patricia Van Horn**, Department of Psychiatry, UCSF

This workshop will discuss Edgewood's participation in a national research project helping best understand and treat the impact of violence on children and their families. CPP will be introduced and discussed. Examples of CPP as an evidence practice with Kinship families, as a part of our Safe Start study at Edgewood will also be addressed.

Workshop 2: Behavioral Health

"Saying Yes: Encouraging Healthy Self Expression through Arts" by Presenters: **Melusina Gomez**, ARTS Manager at Edgewood Center for Children and Families, and Circus Center staff **Peggy Ford**, **Paoli Lacy**, **Laura Ricci**

How can we help youth to express themselves more clearly by redirecting negative behaviors into creativity? How can Arts encourage healthy, therapeutic self expression, important for any individuating youth, but vital for those who are processing grief, trauma, oppression and loss? How can teaching forms of self expression offer youth an alternative to acting out and aggressive behaviors stemming from difficult emotions? We will examine these questions and discuss dynamic strategies in Therapeutic Arts and Clown Therapy in this workshop.

Workshop 3: Education

"Trauma and Learning: Creating Trauma-Sensitive School Environments" by **Joyce Dorado**, Assistant Clinical Professor, Director of Clinical Research and Evaluation, Child and Adolescent Services, Dept. of Psychiatry, University of California, San Francisco – San Francisco General Hospital

This workshop will cover the effects of complex trauma on learning and school functioning, as well as approaches and strategies for helping traumatized children and adolescents become more successful members of their school community. We will discuss UCSF Healthy Environments and Response to Trauma in Schools (HEARTS) as an example of a multi-level school-based prevention and intervention project that has the goal of creating school environments that are more trauma-sensitive and supportive of the needs of traumatized children.

2:30 pm Break

2:45 pm Break-out Session 2: **PRACTICE** (choose one)

Workshop 4: Family Support

"Intensive Adoptive Family Support – Adoption Wraparound" by **Graham Wright**, Director of Post-Adoption Services, Kinship Center, and **Debbie Yip**, Lead Parents Partner, Kinship Center

The workshop will describe the unique features of adoptive family life, and the behavioral and emotional issues faced by many families who adopt from foster care. The families served by Kinship Center's Adoption Wraparound have often struggled with internal and external major issues for many years, and begin the process emotionally exhausted and in despair. By assisting the family to re-imagine themselves and their lives we are able to see outcomes where 80% of the adopted children are able to successfully remain at home, without the need for the disruption of placement in residential care.

Workshop 5: Behavioral Health

"Helping Children Heal from Trauma with Art and Play: A Developmental Perspective" by **Linda Chapman**, M.A., ATR-BC, Art Therapist and Director, Art Therapy Institute of the Redwoods in Northern California

This workshop will introduce easy and enjoyable ways to help infants and children heal from trauma. Adding to the work of Dr. Bruce Perry by using a neuro-developmental perspective, the activities will aid in the development of sensory systems including gross and fine motor skills, visual perception, eye-hand coordination, body awareness, and motor planning and coordination. Helping a child enhance and strengthen these developmental skills will aid in emotional stability, attention, control of the body, self esteem, and self control.

Workshop 6: Education

"School Based Well-Being to Address Trauma in our Schools" by **David Mulig**, MA, Director of Edgewood's School-Based Well-Being Programs, and **Shay Alderman**, LMFT, Mental Health Consultant with Edgewood School-Based Well-Being

Reframing the whole school community as a client, School-Based Well-Being endeavors to assess and address challenges on a school-wide level. With a focus on balancing emotional, social, physical, intellectual, occupational, and spiritual well-being, interventions are tailored to the school's unique symptom picture, such as providing training and consultation about behavior and mental health and how trauma in the family and community affects students in the classroom, mitigating the stress and vicarious trauma experienced by staff, and understanding the impact of instability and shortages in the school system at large.

4:00 pm Vendors in Rotunda

4:30 pm Event Ends

ABOUT EDGEWOOD FORUM ON FAMILY

This one-day conference is an important forum for community stakeholders to learn about the latest research effecting childhood development, exchange ideas and strategies, mobilize resources, and encourage collaboration.

THIS YEAR'S CONFERENCE INCLUDES

- Keynote address from a renowned expert who will present the latest national research and findings
- Panel discussion from key stakeholders from multi-disciplinary fields
- Town Hall Discussion with policy update
- Six workshops focusing on theory and practice in the areas of Behavioral Health, Education, and Family Support

WHO SHOULD ATTEND

- Service providers, educators, and health professionals
- Policy makers
- Parents and caregivers
- Community members interested in solution focused strategies for dealing with trauma

ADDITIONAL EVENT INFORMATION

- Resource area
- Vendors providing educational toys and books

FILM BENEFIT SCREENING

Friday, April 30th 6:30 – 9pm: Join us for a special San Francisco benefit screening of the award-winning documentary film "Motherland." This moving and inspiring film deals with the universal subjects of grief and healing, and ultimately is about the triumph of the human spirit and the power of unconditional love. A special Q & A session will follow the screening with the film's director, Jennifer Steinman and co-producer, Anne Magill, who is also one of the subjects in the film.

REGISTRATION INFORMATION

Professional conference registration: \$100

Community Partner: Reduced rate available for non-profit organizations, government entities, and local partners for \$75 admission

CEU Units and cancellation policy: The conference meets the qualifications for 5 BBS CEU hours for MFTs and/or LCSWs as required by the Calif. Board of Behavioral Sciences. Provided by Edgewood Center for Children & Families, Provider #1441. Due to our contract with BBS, we cannot issue certificates if trainees miss more than 15 minutes of course content and do not offer partial credit. Full fee refund offered until April 26, 2010.

Sponsorships available, please email serafinap@edgewood.org for more information

Please cut here

REGISTRATION FORM

- Yes! I would like to attend the Edgewood Forum on Family on Friday, April 30th!**

Professional Conference registration(s): \$100 x _____ = \$ _____

Community Partner registration(s): \$75 x _____ = \$ _____

- Yes! I would like to attend the special screening of Motherland** benefiting the Grace Magill Project at Edgewood Center for Children and Families on Friday, April 30th at 6:30 pm:

Special screening of Motherland ticket(s): \$25 x _____ = \$ _____

- I regret that I will not be able to attend the Edgewood Forum on Family.** Enclosed is my tax-deductible contribution of \$ _____ to support others attending.

TOTAL PAYMENT enclosed or charges \$

- Please contact me about being a vendor at the Forum.
 Please contact me about volunteering at the Forum.

Sponsorship and Group Ticket Sales available.
Please visit www.edgewood.org to learn more.

Name(s) _____

Address _____

City, State, Zip _____

Daytime phone _____

Email address _____

Agency/Company _____

_____ Vegetarians _____ Any special needs _____

Checks made payable to: EDGEWOOD FORUM ON FAMILY

Payment by: VISA MASTERCARD AMEX (circle one)

Name on Card _____

Card # _____ Exp Date _____

Signature _____

MAIL OR FAX THIS FORM TO:



Edgewood Forum on Family 2010

1801 Vicente Street

San Francisco, CA 94116

PHONE: 415.682.3211

FAX: 415.664.7094

No tickets will be sent prior to the event. All guest names will be held at the door. Your contribution is tax-deductible to the extent permitted by the law.

Tax ID#: 94-1186168

ABOUT EDGEWOOD

Edgewood Center for Children and Families (Edgewood) helps children and families take back their future by working with them to overcome severe challenges like abuse, neglect, mental illness, and family crisis. The oldest children's charity in the western U.S., Edgewood has evolved to meet the community's changing needs. What began as a refuge for Gold Rush orphans more than 150 years ago is now a nationally recognized, multifaceted agency. Edgewood serves more than 5,000 children and families in the San Francisco Bay Area each year through community and residential programs.



SPONSOR

*Thank you to our
Edgewood Forum on Family Sponsor!
Home Sponsor*

BayAreaParent



1801 Vicente Street
San Francisco, CA 94116

415.682.3211
www.edgewood.org

PRESORTED
NONPROFIT ORG
US POSTAGE
PAID
SAN FRANCISCO, CA
PERMIT NO. 7055